

AMAZONA FITNESS CLUB

Raspored grupnih programa

ponedjeljak	utorak		srijeda	četvrtak		petak	subota
Morning Mix 10:00-11:00			Morning Mix 10:00-11:00			Morning Mix 10:00-11:00	Yoga 09:00-10:00
							Zumba 10:00-11:00
Step & Toning 17:30-18:30	Booty Factory 17:45-18:30		Fatburn & Toning 17:30-18:30	Kettlebell 17:45-18:30		Cardio step 17:45-18:30	Pilates 11:00-12:00
Pilates 18:30-19:30	Yoga 18:30-19:30		Pilates 18:30-19:30	Yoga 18:30-19:30		Pilates 18:30-19:30	
My Body 19:30-20:30	HIIT 19:30-20:00	CORE 20:00-20:30	My Body 19:30-20:30	HIIT 19:30-20:00	CORE 20:00-20:30	My Body 19:30-20:30	
Functional Drill 20:30-21:30	Zumba 20:30-21:30		Functional Drill 20:30-21:30	Zumba 20:30-21:30		Functional Drill 20:30-21:30	